

The Sabbath

Isaiah 56:2 “Blessed is the man that doeth this, and the son of man that layeth hold on it; that keepeth the Sabbath from polluting it, and keepeth his hand from doing any evil.”

If you are seeking the blessings of God, you must learn when the Sabbath is and how not to pollute it. The Sabbath is to be observed on the seventh day of the week from evening to evening. **Leviticus 23:32** “...from even to even shall ye celebrate your Sabbath.” The natural course of a day according to the Bible is that it starts with evening/darkness first. This is how the heavenly Father established it from the creation. Please read, **Genesis 1:5**. Therefore the Sabbath is from **Friday** evening to **Saturday** evening.

The Sabbath is a day of rest, no work and labour is permitted on this holy day. Do not forsake the blessing God has given us by doing work or your labors (chores), for there is a severe punishment passed upon those who break his law. **Exodus 31:14** “Ye shall keep the Sabbath therefore; for it is holy unto you: every one that defileth it shall surely be put to death: for whosoever doeth any work therein, that soul shall be cut off from among his people.” **Verse 15:** “Six days may work be done; but in the seventh is the Sabbath of rest, holy to the LORD: whosoever doeth any work in the Sabbath day, he shall surely be put to death.”

We must not defile the Sabbath by doing our own pleasure, such as working on this day. Please read, **Isaiah 58:13-14** and **Exodus 20:8-11**. Cooking is not allowed on the Sabbath. **Exodus 35:3** “Ye shall kindle no fire throughout your habitations upon the Sabbath day.” All foods are to be prepared before the Sabbath. **Exodus 16:23** “And he said unto them, This is that which the LORD hath said, To morrow is the rest of the holy Sabbath unto the LORD: bake that which ye will bake to day, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning.” Buying and selling is not allowed on the Sabbath. **Nehemiah 10:31** “And if the people of the land bring ware or any victuals on the Sabbath day to sell, that we would not buy it of them on the Sabbath, or on the holy day:...” Please also read, **Nehemiah 13:15-21**.

In the end, this day is a day to congregate and enjoy the word as Christ did in the past. **Luke 4:16** “And he (Jesus) came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the Sabbath day, and stood up for to read.” Jesus Christ always kept the Sabbath day holy and never did he ordain Sunday (first day of the week) as the Lord’s Day. **Exodus 31:16** “Wherefore the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generations, for a perpetual covenant.” **Verse 17:** “It is a sign between me and the children of Israel for ever: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.” Please read also, **Isaiah 66:22-23** which shows that this day shall be kept in the kingdom of God.

The 12 Tribes of Israel according to Ezekiel 37:16-17

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| 1. JUDAH | 7. SIMEON |
| 2. BENJAMIN | 8. ZEBULON |
| 3. LEVI | 9. REUBEN |
| 4. EPHRAIM | 10. NAPHTHALI |
| 5. MANASSEH | 11. ASHER |
| 6. GAD | 12. ISSACHAR |

The 12 tribes of Israel are the descendants of slaves and the indigenous people of the Americas conquered and destroyed from 1492 until today. According to the Bible, they are scattered throughout the four corners of the earth. Read Deuteronomy 28:15-68 and II Esdras 13:40-46.

For more information contact **12 Tribes of Israel** at (888) 447-1695. By email at scribe@riseisrael.com or send any correspondence to P.O Box 479, Bronx, N.Y. 10462.